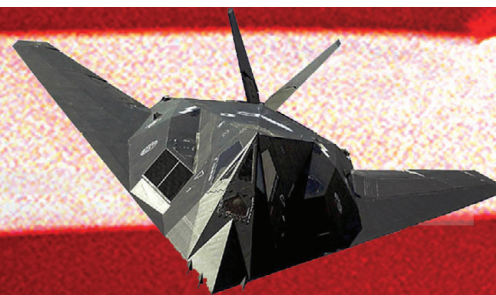


Sunburst

Vol. 49 No. 8

Serving the Holloman Air Force Base, N.M. community

Friday, Feb. 24, 2006



Briefly

Dependent IDs

The Military Personnel Flight now has dependent ID cards. If you were issued a DD Form 1172, please visit the MPF, 8 a.m. to 4:15 p.m. Monday through Friday, at your earliest convenience.

Prayer breakfast

The National Prayer Breakfast is scheduled for 7 a.m. March 9 at the Oasis Enlisted Club. See unit first sergeants for tickets.

Page 4

The 49ers' finest



The 49th Fighter Wing annual award winners for 2005 were announced Feb. 16.

Page 11

*Air and Space
Expeditionary Force
Tempo*

**As of Feb. 17,
340 Airmen were
deployed to
15 countries
around the
world**

Improved pharmacy reopens

Patient safety, efficiency the focus of \$75K renovation

by Tech. Sgt. Ray Bowden
49 Fighter Wing Public Affairs

The 49th Medical Group Pharmacy customers will notice something different during their next visit to the pharmacy: "We gutted and revamped the place. Nothing is the same except the floor, ceiling, and staff's smiles," said Major Antoinette Mula, the Chief Pharmacist and Commander of the clinic's Diagnostics and Therapeutics Flight. "We renovated our pharmacy for one purpose -- to increase patient safety. For pharmacies, this usually means taking actions to prevent the mistake of giving patients the wrong medication, something that can cause illness or even death to a patient."

The project eliminated environmental factors that lead to mistakes; things like bad lighting, crowded and loud work environments, and poor workflow.

The pharmacy staff has never made a mistake that injured a patient, but there have been occasional "near misses" over the past few years, meaning an error was made but detected before a patient's safety was jeopardized, Major Mula said.

"We hand out 1 prescription about every 45 seconds; that's 625 a day, 150,000 a year; maybe once every three months a prescription gets out to the wrong person," she said. "For-



Photo by retired Spc. James Matise

49th Medical Group Pharmacy volunteer Mr. Charles Biggs (right) delivers medicine to Tech. Sgt. Lauro Cruz, 49th Logistics Readiness Squadron, at the pharmacy Tuesday. The pharmacy interior was renovated last week and reopened Tuesday, sporting non-obstructive shelving, more work space and other features to help eliminate distractions that could cause pharmacists to make errors.

unately, we always got it back before it could cause any harm."

"However, the consequences of even one of these 'near misses' injuring a patient are severe enough to prompt us to perform what is called a Root Cause Analysis," said Ms. Shelley Drake, 49th MDG Patient Safety Program manager. In 2005, the 49th MDG Patient Safety Council commissioned the in-depth analysis to determine the source of the potentially harmful near-miss errors.

The Bioenvironmental Flight found the noise levels from pharmacy machinery and the waiting rooms were too loud for clear communication.

The Aerospace Physiology Flight determined the pharmacy was too small for its 10 staff members and numerous volunteers. "The shelving layout was claustrophobic. It looked like a maze," Ms. Drake said. "We knew it had to change, so we studied the technicians' traffic patterns and workflow. We even looked at things like computer placement, which telephones rang the most, and who answers them."

In short, the analysis determined the pharmacy was too loud, too crowded, too dark, and too cramped. "These little things don't sound like much, but together they combine to

See PHARMACY on page 5

There's no button for the AF way

by Capt. Trisha Raynoha
49th Fighter Wing Public Affairs

We've all been there – standing in line at [insert your favorite fast food restaurant here], when you realize what you really want isn't exactly on the menu. Daringly, you order it anyway – extra cheese, no mayonnaise, add some of that spicy sauce. The cashier gets a confused look on his face, stares at the register in sheer befuddlement and says, "I'm sorry, there's no button for that."

In essence, the cashier is saying, "I don't know how to ring up what you're asking for or overcome the obstacle in front of me." It's irritating and it's time consuming. You wonder how it could be so difficult to refrain from sloshing mayonnaise on your meal. Most of the time customers walk away with less than they expected from these situations, all because someone behind the counter didn't know how or care to think outside of the box, or in this case, the cash register keypad. Or even worse, the manager forgot to tell the cashier it's okay to provide the customer what they're asking for.

I see a very different attitude in the Air Force. The number of Airmen I meet who find a way to get the mission done when there is a lack of or conflict in Air Force instructions, policy or training continuously impresses me. Airmen see obstacles and figure out how to overcome them. They ask questions, seek answers and find better ways to get the job done. Their leadership allows them the opportunity to think for themselves, find better solutions and create a work environment that gets the job done.

This is why our nation's Air Force is the most decisive, responsive and powerful in the world today – the ability to see the big picture and overcome obstacles is what separates our Airmen from our would-be enemies. We are a group of professionals dedicated to our mission and to one another.

As leaders of Airmen, we need to break out of the stovepipes in which we often find ourselves, continually challenging one another to learn how we affect the big picture from the lowest levels to the highest. It is important for every Airman to know his role in winning our nation's

wars. This allows us to see obstacles and create processes to overcome them. By knowing our piece of the puzzle, we can find better, more efficient means of providing our services to one another and to our Air Force. It allows us to meet the needs of our customer – America – not with a look of sheer befuddlement, but with confidence and conviction, which allows us to succeed even in austere war zones in situations for which we haven't trained.

It allows us the opportunity to meet a diverse enemy with much more than bombs on target. We have, can and will continue to meet our enemy with unbeatable tactics, out-of-the-box solutions and the most flexible Air Force in the world.

Our Airmen have the ability to look at their "cash registers" and in the face of a challenge or the obstacle of "there's no button for that," find the parts to create a solution that wasn't necessarily taught or read somewhere along the way. We as Airmen think outside the box to meet the daily demands placed on us to deliver the world's most capable expeditionary Air Force. I'll have one of those, please, to go.

DUI Update

Days since last DUI **5**

DUIs this year **3**

This week last year **6**

Last six DUIs

• 49th AMXS	Feb. 19
• 49th MDOS	Feb. 17
• 49th FW	Jan. 31
• 49th CS	Dec. 30
• 49th OSS	Dec. 29
• 49th MSS	Dec. 26

572-RIDE works!

Calls made are lives saved

62 Saves this year

2 Saves this week

For the record

In the Feb. 17 issue of the *Sunburst*, in the page 7 "Holloman Salutes" box, the unit attributed to Senior Airman Jessica Waterhouse was incorrect. Airman Waterhouse is assigned to the 49th Maintenance Operations Squadron. The staff apologizes for the error.

Sexual Assault Response Coordinator

572-6789

24-7 response to victims of sexual assault and domestic violence.

Briefings held the first Wednesday of each month at the base theater.

Holloman Hotline

The Hotline is your direct link to the 49th Fighter Wing commander. If you've tried to solve the problem yourself and haven't been able to get results, call 572-7500 or e-mail cc.hotline@holloman.af.mil.

Before submitting a Hotline, please give the appropriate agencies a chance to work out the problem.

572-7500

Housing office	2-3981
Housing maintenance	2-7901
Medical clinic	2-5991
Finance	2-5107
Services	2-3528
Commissary	2-5127
Fraud, waste and abuse	2-3713
BX	479-6164



Brig. Gen. Kurt Cichowski
49th FW commander



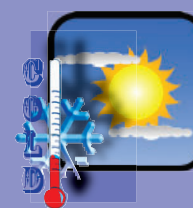
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High: 66
Low: 29
TODAY



High: 70
Low: 34
SATURDAY



High: 69
Low: 34
SUNDAY



High: 71
Low: 35
MONDAY

Weather forecast provided by the
49th Operations Support Squadron Weather Flight.

National Prayer Breakfast scheduled for March 9

by Tech. Sgt. Shelly Pacheco

49th Fighter Wing chaplain's assistant

The National Prayer Breakfast, formerly known as the Presidential Prayer Breakfast, is scheduled for 7 a.m. March 9 at the Oasis Enlisted Club.

The guest speaker will be (Chaplain) Brig. Gen. Cecil "Richardson, Air Force Chaplain Service deputy chief. The theme is a Reflection of the Oath, "So Help Me God."

The National Prayer Breakfast has roots in a rich tradition dating

back to 1942.

Out of concern for the United States' involvement in World War II, leaders in the United States Senate and House of Representatives began to meet weekly for prayer.

Since then, men and women in our national government have continued meeting weekly to pray for our country and discuss spiritual needs. In 1970, the name was changed to the National Prayer Breakfast.

Please visit your first sergeant or the Chapel for your tickets by March 7.

The cost of the breakfast is \$5.



Photo by Tech. Sgt. Ray Bowden

Col. Gary Bryson, 49th Maintenance Group commander (second from left), leads maintenance personnel on the 1.5-mile Wing Run Feb. 17.

2006 Force Shaping volunteer application deadline is March 1

RANDOLPH AIR FORCE BASE, Texas – Officers scheduled to meet the 2006 Force Shaping Board have until March 1 to decide if they will leave voluntarily or meet the board.

Officers planning to take advantage of the volunteer program must apply through their military personnel flights before the deadline.

Through the voluntary Force Shaping Program, some career fields have already reached their sustainment quota; lieutenants in those Air Force specialties will not meet the board. Those career fields in the 2002 year group are scientist and weather. The 2003 exempted specialties are: intelligence, logis-

tics readiness, civil engineering, acquisitions, contracting, finance, OSI and communication and information.

The 2006 Force Shaping Board is scheduled to convene at the personnel center April 10 and the board results will be released by June 1. Those not retained will have an automatic date of separation of Sept. 29 unless they apply for an earlier date.

The board will make its determination based on the information in the central selection record.

For more information, log on to: www.afpc.randolph.af.mil/retsep/forceshaping/shape.htm. - (AFPC)



Photo by retired Spc. James Matise

Pharmaceutical technician Ms. Kim Edgington measures out a prescription Tuesday at the 49th Medical Group Pharmacy. Some of the new changes to improve patient safety and efficiency include better lighting, sound barriers and a more open work area.

create mistakes,” Major Mula said. The pharmacy was com-

pletely gutted, refurnished, and rewired. The pharmacy renovation

team remodeled shelving units, built sound barriers, re-arranged the layout to allow

better lighting, and removed administrative offices to replace them with additional storage and work space.

The renovation offers a couple other benefits besides safety. “We expected that our service would be slower while we worked out the kinks of our new system, but we were actually faster. The new layout and design really helps,” Major Mula said.

Patients will also notice “privacy lines.” These were suggested by members of the Health Consumer Council, comprised of advisors from each 49th Fighter Wing squadron. The privacy lines are markings on the floor near the pharmacy counter that move the waiting line back five feet from the service window. This gives patients at the window a measure of privacy to discuss their medical issues without others overhearing.

Lt. Col. James Clapsaddle, 49th Medical Support Squadron Commander, praised his staff’s efforts. “Starting Thursday afternoon, this team worked

in shifts around the clock until they opened for service Tuesday morning,” Colonel Clapsaddle said. “Contractors were brought in for heavy lifting, but otherwise, the pharmacy techs did all the work.”

He also praised the 49th Comm Squadron members who provided some last-minute assistance. “The Comm Squadron jumped in to assist us Friday evening and on the holiday weekend. They helped ensure we were ready for business on Tuesday morning. No Comm, no Pharmacy,” Colonel Clapsaddle said.

Colonel Clapsaddle said the \$75,000 price of the renovation was a modest price to pay for improved patient safety. “An Auburn University study found civilian pharmacies make a mistake in 1 out of every 55 prescriptions they hand out,” Colonel Clapsaddle said. “The Medical Group would never accept such an error rate with our patients. We’re talking about our family, friends and neighbors. This renovation will help us keep them safe and healthy.”

Good Conduct Medal elimination explained

by Master Sgt. Mitch Gettle
Air Force Print News

WASHINGTON — The Air Force Uniform Board announced Feb. 6 the Good Conduct Medal will no longer be awarded.

The Air Force director of Airman development and sustainment recently explained the reasons behind this decision.

"The quality of our enlisted personnel today is so high, we expect good conduct from our Airmen," said Brig. Gen. Robert R. Allardice. "It begged the question, 'Why do we have a Good Conduct Medal?'"

"Having a medal for good conduct is almost to say we don't expect Airmen to do well, but if they're good we will give them a medal," he said. "It's kind of insulting in our Air Force today."

One must look at the history of why the medal was created in the 1960s. The military was using the draft and involved in the Vietnam War. The Air Force didn't have any other method to recognize Airmen. Today, the Air Force Achievement Medal recognizes outstanding Airman-ship.

"When we looked at that history it was clear that the Good Conduct Medal has outlived its usefulness," said Chief Master Sgt. of the Air Force Gerald R. Murray. "Today's all-volunteer force is committed to serving honorably and good conduct is what we expect from every Airman — officer and enlisted."

"We live by our core values," Chief Murray said. "When members of our service stray from those values, they do

themselves and all Airmen a disservice. When that happens, commanders have the tools they need to evaluate the situation and the individual's worthiness for continued service.

"If a commander deems their conduct does not warrant discharge, then they remain a valuable Airman to our Air Force and we expect them to continue to serve honorably," he said.

General Allardice said that it is the uniform, not the Good Conduct Medal, which represents what Airmen are all about.

"In today's Air Force, our Airmen understand that the uniform they wear represents good conduct," he said.

Airmen who have previously earned the Good Conduct Medal are still authorized to wear it.- (AFPN)

Pilots reflect on being Tuskegee legacy heirs

by Staff Sgt. Thomas J. Doscher
1st Fighter Wing Public Affairs

LANGLEY AIR FORCE BASE, Va. — Something special began July 19, 1941. For the first time in the history of military aviation, blacks were given an opportunity to prove themselves in the sky.

The first black aviators began their flight training at Tuskegee Army Air Field, Ala., and went to the famed 99th Fighter Squadron.

The Tuskegee Airmen had to fight not only the Nazis, but prejudices within their own military. Despite being allowed to fly, military aviation units were segregated by race.

Today, the heirs of their legacy take to the skies above Langley.

Captains Glenn Gonzales and Alex Edwards are two black officers who fly F-15 Eagles in the 71st Fighter Squadron. While neither joined the Air Force because of the Tuskegee Airmen, they both agree hearing about the Tuskegee Airmen encouraged them to pursue their goals as pilots.

"I had an idea of who they

were," Captain Gonzales said. "But not to the extent of their contributions."

He said it was his training at the Air Force Academy that first opened his eyes to their impact.

"One of the quotes we had to learn was in regards to the Tuskegee Airmen," he said. "To be honest, it seemed that these guys were just like all of us. They were Airmen like the rest of us."

Captain Edwards first learned about the Tuskegee Airmen from the 1995 HBO movie, "The Tuskegee Airmen."

"I thought it was a cool and inspiring story," he said. "The more I learned about it, the more I knew that (flying) was what I wanted to do."

By that time, he already knew he was going to fly. It was just a matter of how. His high school classmates just thought he was dreaming.

"There weren't a lot of black people doing it," he said. "They'd think, 'I'd never seen a black pilot before, so I don't think I'm going to see one now.'"

While racism still exists in 21st century America, Captains Edwards and Gonzales said that today's Air Force welcomed

them.

"The Tuskegee Airmen's experience was totally different," Captain Edwards said. Both men said they've tried to live up to their legacy.

"I recruited for awhile," Captain Edwards said. "I tried to get more African-Americans into the Air Force. I think some thought it was unattainable, but you don't know what's going to be hard until you try."

"I want to be the best officer, best pilot, best Airman I can," Captain Gonzales said. "Wherever that takes me, that's where I'll go."

Captain Gonzales said the Tuskegee legacy was one that can be embraced by all Airmen.

"They were just like me and just like you. These guys were warfighters for our nation. They did their job, not with the intent to make a name for black aviators, but to be fighters for their country," Captain Gonzales said.

"Their story shouldn't be reserved just for February. Their story should be celebrated throughout the year," he said. - (AFPN)

Holloman team completes in duathlon Feb 11

by Senior Master Sgt. Gary Goodman
49th Maintenance Operations Squadron

Five members of the 49th Maintenance Operations Squadron Training Flight competed in the Annual John Stermer Duathlon at White Sands Missile Range Feb. 11.

The team consisted of 2nd Lt. Lt Brian Hassler, Senior Master Sgt. Gary Goodman, Tech. Sgt. Ryan Mitrik, Tech. Sgt. Greg Hiser and Staff Sgt. Lee Evertsen.

The duathlon is part of the Southwest Challenge Series, which consists of 28 races that are either duathlons or triathlons and are held throughout New Mexico and west Texas.

Participants compete for points and at the end of the year a banquet is held to honor the winners in each age category.

The White Sands Missile Range hosts several events throughout the year as part of the challenge series.

According to Lieutenant Hassler, none of the team members had participated in a duathlon before and were not sure what to expect.

"We had an aggressive physical training program to help us prepare for the race," he said.

Part of this preparation had the team completing a training ride of ever-increasing distance every week.

There were more than 120 participants of all ages including a few in the 60-65 age group.

The next race in the challenge series is the Stealth



Photo by Ms. Melissa Mitrik

Tech. Sgt. Greg Hiser paces himself through the 30-kilometer race Feb 11. All five members of the 49th MOS team completed the event.

Duathlon, an event consisting of a 5-kilometer run and 30-kilometer bicycle race, which will be held on Holloman March 12.

Sergeant Mitrik said completing the John Stermer Duathlon has made him look forward to the Stealth Duathlon.

Completing the first duathlon was very satisfying," he said.

AFPC requests customer feedback before launching new Web site

RANDOLPH AIR FORCE BASE, Texas — The Air Force Personnel Center is giving its customers an opportunity to ensure the new AFPC Web site will answer their personnel questions.

The new site is accessible at www.afpc.randolph.af.mil. Customers are encouraged to provide feedback as the center continues to develop the Web site.

This site will be an integral part of the Personnel Services Delivery Transformation, which will improve, streamline, and modernize the way personnel actions are accomplished.

"I want to give our customers the opportunity to provide input into this process," said Maj. Gen. Tony Przybyslawski, AFPC commander. "Their feedback will be an invaluable tool in our Web site development and the success of the PSD transformation.

The new Web site uses a question and answer format to explain personnel actions and programs. It is based on a system

of frequently asked questions and will always give AFPC customers an opportunity to provide specific feedback, even after the official launch.

During the development process, customers can provide input one of two ways. They can e-mail general comments by clicking the feedback button on the new site's front page. Also at the bottom of each Q&A, customers can provide feedback directly to the AFPC subject matter expert for that topic.

While the center wants to make the Web site the first stop for personnel information, leadership acknowledges there will be times when the customer may need more help.

"Our goal is to make the Web a one-stop shop for personnel questions," said General Przybyslawski. "However, in the rare instance that it does not, the customer can call or e-mail a representative at our contact center for further assistance."

The new AFPC site will officially launch March 15.

Holloman prepares for March ORE

**by Senior Airman
Terri Barriere**
49th Fighter Wing Public Affairs

Planning will be the key to success as the wing gears up for its first Operational Readiness Exercise of 2006.

The Initial Readiness Response Exercise is the deployment portion of the ORE and takes place March 3-8.

According to Mr. Wayne Paddock, 49th Fighter Wing Plans and InspectionS deputy chief, the purpose of an IRRE is to practice transitioning from normal peace-time operations to war-time operations by preparing personnel, cargo and aircraft for worldwide deployments.

"It makes no difference the location we exercise deploying to, the process is always the same," he said.

The last wing exercise was the Operational Readiness Inspection re-evaluation in May. Though the wing received a satisfactory rating, Mr. Paddock said there is always room for improvement.

According to Mr. Paddock, even though the wing did well in the ORI re-evaluation, two areas that always need attention are personnel readiness and cargo preparation.

"Those are two key areas to the overall success of an ORE. If you do well in those two areas then you should have a good overall performance in the ORE."

Safety is also another concern for the inspectors.

"We always want Airmen to be concerned about safety," said

Maj. David Gossett, 49th FW wing plan and inspections chief. "We want them to use the buddy system to maintain safety awareness. During peace-time operations there is no reason to have incidents," he said. Even though we're maintaining a deployment posture, safety is always at the forefront."

When the base goes into exercise mode, things are run slightly different than usual. Mr. Paddock said not only should people expect to see the base begin around-the-clock operations, but they should also expect the wing's focus to shift to the successful completion of the ORE.

In order to ensure success during the exercise people should begin preparing now.

According to Mr. Paddock, some things people can do to prepare are to make sure their training is up-to-date, including anti-terrorism training. "If you feel you need a will or power of attorney get it now," he said. "If you're coming due soon on any shots, physical health assessment or dental get it scheduled before the ORE, but don't do any of these things early if you're not due for another six months."

Despite the gravity of the training, Mr. Paddock reminds everyone to remember to have a good time.

"This should be a good and enjoyable time," he said. "Remember OREs are fun. I'm looking forward to a very successful ORE where the wing once again proves its ability to deploy forces at a moments notice."

On the side

- Primary and alternate unit deployment managers should be current on logistics module training and have current UDM appointment letters.

- Airmen should ensure the Air Force Form 4005, individual Deployment Requirements, is complete, printed from the logistics module and in each Airman's personal readiness folder.

- The items on the form 4005, especially the "big six" items - medical shot records, law of armed conflict training, small arms proficiency training, information awareness training, antiterrorism training and chemical warfare defense training—should be up-to-date on the form and valid through the end of each Airman's deployment window.

- Periodically review legal documents and keep them up-to-date. Marriage, divorce, births, deaths and changes in wealth are significant events that affect legal interest.

- Pack a 30-45 day supply of personal consumable items in personal bags.

- Carry or have immediate access to the Airman's Manual.

- Complete pre-deployment maintenance checklist.

WOMEN OF MERIT 2006

In celebration of National Women's History Month, the National Women's History Month committee is accepting nominations for the March 2006 Holloman Women of Merit.

Nominators should explain in 500 words or less, why their nominees should be highlighted as a Holloman Women of Merit.

Submissions should include greatest accomplishments, community involvement, and personal sacrifices. Nominations are open to Active duty personnel, Department of Defense civilians and dependents.

Deadline for nominations is 27 February. Nominations may be e-mailed to Teresa.Orozco@holloman.af.mil or dropped off at the Airman and Family Readiness Center, Bldg 40. For more information, call Teresa Orozco at 572-7754.

Finishing strong! Airmen graduate Back to Basic course Feb. 17

'This was the most intense exercise class I've ever taken' says one

by Tech. Sgt. Ray Bowden

49th Fighter Wing Public Affairs

More than 30 Airmen graduated from the Back to Basic physical fitness course Feb. 17 in a ceremony held in the White Sands Ballroom at the Community Activities Center.

Traditionally, the 49th Aeromedical Dental Medical Squadron Health and Wellness Center staff acknowledge the efforts of graduating Airmen with an official ceremony followed by a healthy meal, said Master Sgt. Kevin Hartsock, HAWC NCO-in-charge.

Airmen ranging between the ages of 21 to 43, from a variety of career fields, began the Back to Basic course in January. Through personal discipline, motivation from the instructors and a six-week regimen of structured exercise, they were able to make marked improvement in their levels of health.

The ceremony began at noon when each HAWC staff member took a moment to speak about the course in front of the audience and congratulated the Airmen for their performance.

"This class is about teamwork and progress," said 1st Lt. Chasity Williams, HAWC health promotions manager.

While most of the Airmen were unable to complete two laps around the outdoor running track without stopping on the first day of the course, virtually all were able to shave several seconds, if not minutes, off their time when completing the Air Force Physical Fitness Test's 1.5-mile run Feb. 16, she said.

According to Mr. Kevin Fallon, HAWC fitness program manager, over 100 pounds were lost among the Airmen during the six-week course.

One Airman in particular, Staff Sergeant Joe Noya, 49th Medical Support Squadron, lost more than 25 pounds.

Following the instructors' remarks, Maj. Dave Welge, Aerospace Physiology flight commander, was on hand to pass out graduation certificates and shake hands with each Airman. Each Back to Basic student also received a water bottle and small exercise towel.

First Lieutenant Charnelle Joyner, 49th Comptroller Squadron, and Senior Airman Melissa Nelson, 49th Materiel Maintenance Support Squadron, received the Back to Basic Special Recognition Award for showing the most improvement of any student in their respective class.

After Major Welge handed out cer-



Photos by Tech. Sgt. Ray Bowden

Master Sgt. Keith Bullard, 49th Logistics Readiness Squadron, receives his graduation certificate from Maj. Dave Wedge, 49th Aerospace Physiology Flight commander. Sergeant Bullard was one of 38 Airmen to graduate Feb. 17.

tificates, the lights were dimmed and a 10-minute slideshow of photographs taken during the course by the instructors was projected onto a large screen placed in the corner of the ballroom. Some in the audience laughed when their photos or those of their fellow Airmen were shown. While most of the slides illustrated the variety of exercises the Airmen participated in, several of the slides were humorous due to the expressions of the Airmen.

After the slide show, attendees dined on diet soft drinks, water, sandwiches, fresh vegetables and fruit, all courtesy of the HAWC.

While a few Airmen were permitted to attend the course for reasons other than receiving a score of 70 or lower on their last fitness test, for most the course was a mandatory appointment.

Master Sgt. Keith Bullard, 49th Logistics Readiness Squadron, said he observed vast improvement in his endurance and

strength levels after completing the course.

He said he took the course for two reasons.

"The main reason was to receive a 75-or-above score [on the PFT and I was able to do this. The second reason was that, although I was working out on my own, I wasn't sure how to work out," he said.

"I now feel better equipped for personal workouts to stay prepared for my next fitness test and keep up with my general health."

Sergeant Bullard is one of many who made drastic improvement. He said this is particularly significant considering his history of low PFT scores

"Last year I took five tests and scored and progressed as follows:

44.6 percent, 60.5 percent, 69.6 percent and 71.6 percent. Thanks to this class, my latest PFT score is 77.5 percent."

Both Tech. Sgt. Mark Highsmith, 49th ADOS, and Airman 1st Class Juliegrace Mieves, 49th Operations Support Squadron, say they were able to see positive results within three weeks.

"It definitely helps you get in better shape," Airman Mieves said.

For Sergeants Bullard and Highsmith, there is a direct link between being fit-to-fight and



Airman 1st Class Yavin Brewer, 49th Comptroller Squadron (right), eats lunch after the graduation ceremony with his wife, Mrs. Linda Brewer. Mrs. Brewer was one of many relatives and co-workers of Back to Basic students in attendance.

the Air Force Core Values and NCO responsibilities.

"You can't tell people to do something you are unwilling to do yourself," Sergeant Highsmith said.

Sergeant Bullard said he was bothered by the fact that he still had to ensure his subordinates were exercising even though he himself had not tested well.

"My troops knew I wasn't scoring well, but they also knew how often I was working out and how my scores increased every time I tested," he said.

Judging by the results, the Back to Basic course assisted these graduating Airmen in coming closer to achieving the Air Force's goal of being fit-to-fight.

"This was the most intense exercise class I've ever taken," said Sergeant Highsmith.

(Editor's note: This is the third and final article in the three-part Back to Basic



Back to Basic graduates and other attendees were served a healthy lunch following the graduation ceremony Feb. 17.

Celebrating Excellence: '05 Annual Award Winners

Airman of the year



Photos courtesy of 49th CS/SCSV

Airman 1st Class Courtney Mitchell,
49th Materiel Maintenance Group

NCO of the Year



Staff Sgt. Jeffrey Hansen
49th Mission Support Group

Senior NCO of the Year



Senior Master Sgt. Steven Watson
49th Maintenance Group

First Sergeant of the Year



Master Sgt. Linda Anderson
49th Medical Group

Celebrating



Excellence

CGO of the Year



Capt. Kristy Youngpeter
49th Mission Support Group

GS-8 and Below of the Year



Ms. Maxine Casadei
49th Medical Group

GS-9 and Above of the Year



Mr. Tom Fuller
49th Fighter Wing

Squadron of the Year



49th Materiel Maintenance Squadron

BASKETBALL SCOREBOARD

Large Unit Intramural Basketball League

Team	Won	Lost	Tie	Pct.	Streak	PF	PA
49 MXS	11	1	0	.917	Won 3	713	476
49 AMXS	8	2	0	.800	Won 8	497	435
49 MDG	7	4	0	.636	Lost 3	514	407
49 LRS	5	6	0	.455	Won 4	425	452
49 MMG	4	8	0	.333	Lost 3	408	479
49 MXS/AMMO	2	8	0	.200	Lost 4	361	487
49 SFS	1	9	0	.100	Lost 3	266	448

Small Unit Intramural Basketball League

Team	Won	Lost	Tie	Pct.	Streak	PF	PA
46 TG	10	1	0	.909	Won 6	602	433
49 CONS	8	4	0	.667	Won 1	581	492
49 SVS	7	5	0	.583	Won 1	583	543
49 OSS A	6	5	0	.545	Lost 1	586	545
49 OSS B	3	9	0	.250	Lost 1	542	654
49 CS	1	11	0	.083	Lost 4	422	649

Over 30 Basketball League

Team	Won	Lost	Tie	Pct.
46 TG	10	3	0	.769
49 MDG	9	3	0	.750
49 MXG	8	4	0	.667
49 SFS	7	4	0	.636
49 LRS	7	5	0	.583
49 OSS	4	7	0	.364
49 MMG	2	10	0	.167
Lady Nighthawks	1	12	0	.077

Team	Streak	PF	PA
46 TG	Won 2	693	497
49 MDG	Lost 1	618	505
49 MXG	Won 1	601	516
49 SFS	Lost 1	462	383
49 LRS	Won 1	525	487
49 OSS	Lost 1	437	535
49 MMG	Lost 6	383	506
Lady Nighthawks	Won 1	560	850

Arnold Avenue

Arnold Avenue is closed from First Street to just west of Cliffrose Street. No left turns are allowed on Arnold Avenue.

School operations and Desert Estates residents will be impacted the most and people should take precautions in the construction zone. Housing occupants will use Sumac Street as the only entrance and exit. Student drop off and pick up will be at the thoroughfare off Arizona Avenue. Please use extra caution and patience in the work area.

Estimated completion date for the project is early April. For more information, contact Ms. Lesalee Arana at 572-7754.

First shirts pot luck

The First Sergeants’ Get-Together pot luck is scheduled for 6:30 p.m. March 4 at the Alamogordo Sertoma Club meeting room, next to the Sertoma bingo hall on First Street in Alamogordo.

If you were a first sergeant in any branch of the military, you are invited to attend.

For more information, contact Ms. Amy Koehne at 572-7646 or 439-0345.

Visitor Center change

Starting March 17, the Holloman AFB Visitor Center customer service hours of operation will change to 7 a.m. to 3 p.m. on Fridays. Normal customer service hours of operation will remain 7 a.m. to 4:30 p.m. the rest of the week.

The change in hours was approved to provide 1.5 hours of training per week for the Visitor Center staff. With the change in hours, normal customer service functions will cease at 3 p.m. Personnel will be able to attain visitor passes at the main gate.

For more information, call 572-5920.

Internships

Applications are being accepted now through Wednesday for Sen. Pete Domenici’s 2006 summer intern program. The program will run in two sessions, with the first running May 17 to June 18, and the second from June 29 to Aug. 11. College-age students who either reside in New Mexico or attend a four-year school in New Mexico are eligible. Those selected to work in Washington will receive a \$2,100 stipend for their internship.

Applicants must have completed as least one year of study at an institution of higher learning. New Mexico residents and/or students will receive priority in the selection process.

Applications are available on Senator Domenici’s Web site, <http://domenici.senate.gov>. For more information about the program and internship responsibilities, email internships@domenici.senate.gov or call (202) 224-6621. Applications must be postmarked by Wednesday. Interviews and selections will take place during the

month of March and notification of acceptance by April 1.

Cashier activities

Due to manning shortages, the 49th Comptroller Squadron will suspend cashier activities during the Phase 1 Operational Readiness Exercise. Cashiers will not be available during normal business hours from March 3 to March 8. Cashier hours will return to normal on March 9. The customer service office will be open during the ORE. For more information, contact Capt. Jeremy Taylor at 572-0029.

Sausage Sale

The Company Grade Officer Council will sell pre-ORE Phase 1 breakfast sausage wraps from 5:30 a.m. to 9 a.m. Thursday in front of the Mini Mart, at the Chapel annex and in the headquarters building lobby. Each wrap is \$1.50.

Pre-orders are available, e-mail Capt. Jeremy Taylor at Jeremy.taylor@holloman.af.mil and include how many wraps are desired and what time they will be picked up from the Chapel annex.

BRIEFS

Oktoberfest logo competition

The German Air Force Flying Training Center is looking for a logo for this year's Oktoberfest. The logo should be saved in a .jpg format and should include the following points:

- "10. Oktoberfest" and "Holloman," there should be no year in the logo
- The U.S. and German flags, possibly the Bavarian flag (blue and white diamonds) or other symbols that characterize the two countries
- The sun of New Mexico
- The F-117A and the German fighter-bomber Tornado
- Some typical symbols of the Oktoberfest, such as steins, mugs, pretzels or instruments

The winner of the competition gets a one-hour flight over the Alamogordo area.

All logos should be submitted to 1st Lt. Alexander Gloeckler at AlexanderGloeckler@bundeswehr.org by Tuesday.

Medical Group

The 49th Medical Group will be closed today to allow medics to participate in the wing family day.

Legal office

Due to manning shortages, there will be no legal assistance or wills the week of March 6 through March 10. If you are in need of legal assistance and would like to schedule an appointment, contact the legal office at 572-7217.

Eaglet adventures

Holloman Primary School is introducing an after-school program called Eaglet Adventures for their students and parents, 3 p.m. to 4 p.m. every Tuesday in the Holloman Primary Big Room.

For more information, call 479-6122.

Scholarships

The Aerospace Education Foundation has 30 scholarships available, each for \$1,000, for active-duty Air Force spouses. Applicants must be currently enrolled in a regionally accredited college or university and hold a 3.5 or higher grade point average.

A two-page, double-spaced essay describing academic and career goals and what motivated the applicant to this decision is

required. Also required are two letters of recommendation, which should be character references and descriptions of performance and potential as a student, employee or volunteer.

Applications are available on the Web at www.aef.org/aid/spouse.asp or at the Base Training and Education Office. Application deadline is April 15.

For more information, call 572-3971.

At the library

Read Across America day is Thursday. Celebrate Dr. Seuss' birthday by browsing the books on display in the children's reading room. Call 572-3939 for more information.

Education survey

In order for the Base Education Office to add new degree programs to those already offered on-base, a comprehensive needs assessment must be completed. This assessment will reveal what new programs Holloman members would like to see offered on base.

To complete the survey, go to <https://afvec.langle.af.mil> and click on "take the survey." On the next page in the "participate" box, scroll down the list of bases to Holloman, click and begin answering the 10 questions.

The survey will be activated until April 8. For more information, call the Education Office at 572-3971.

Black History Month events

Black History Month luncheon, 11 a.m. to 12:30 p.m. Tuesday at the Oasis Enlisted Club. The guest speaker will be Ms. Ruby Butler DeMesme, BearingPoint executive director. Tickets are \$6.50 for club members and \$8.50 for non-members. To purchase tickets, contact group/squadron points of contact. For more information, contact Master Sgt. Gerald Schenck at 572-3356.

Working Out Woman

The Working Out Woman program meets at 10 a.m. and 7 p.m. Monday, Wednesday and Friday. There are no fees and children are welcome to accompany parents.

For more information on how this program works, please call Ms. Sue Musgrave at 479-9680.

Heritage Center

The Heritage Center is open 11 a.m. to 5 p.m. every Saturday to all ID card holders.

Survey

The 2005 Community Assessment Survey is just around the corner. The survey runs from March 15 to May 1. The results of the survey will be used to better respond to the needs of the Holloman community.

If you are selected to participate in the Web-based survey, please complete the survey. Computers are available at the Airman and Family Readiness Center, base library and the Community Center.

Banquet

The National Wild Turkey Federation Noel Southard Chapter is holding the Noel Southard Memorial Hunting Heritage Banquet 6 p.m. March 11 at the Otero County Fairgrounds. There will live auctions, silent auctions, raffles, door prizes, food and wildlife story swapping. The meal will be prepared and served by the local 4-H members.

For further information, call Mr. Mike Baker at 434-8356 or Ms. Elise Haley at 434-1467.

HOSC thrift shop

The Holloman Officers' Spouses Club thrift shop is open 10 a.m. to 2 p.m. Tuesday and Thursday. Consignments are accepted from 10 a.m. to noon. There is a sale scheduled this Tuesday and Thursday on select items, including winter clothing.

Anyone with multiple donations or large donations should bring the items by during operating hours or call 479-0529 to arrange for a time to drop the items off.

Lodging

Have family visiting and no space? Check with the Holloman Inn for space-available rooms. For more information, stop by the front desk or call 572-3311.

ITT

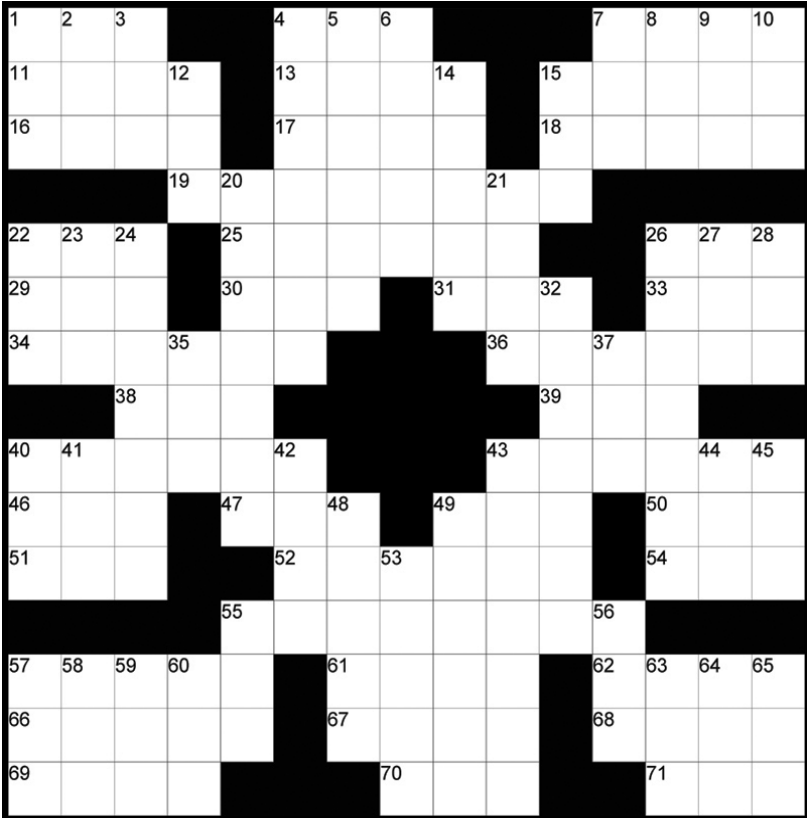
Information, Tickets and Travel is now at the Whispering Sands Community Center. This program offers discounted tickets to active duty and retired military members for vacation spots such as Walt Disney World, Disneyland, Sea World and many other locations.

For more information, call Ms. Linda Aguirre at 572-7476.

Air Force organizations

- Across**
- 1. Picnic pest
 - 4. So long
 - 7. Major or Minor
 - 11. Settle
 - 13. One of 26-down
 - 15. USAF org. above 55-across
 - 16. Distant
 - 17. NYC district
 - 18. Beneath
 - 19. Parts of 24-down
 - 22. USAF deployment set
 - 25. Aviator Earhart
 - 26. NYC player
 - 29. Singer Torme
 - 30. Desire
 - 31. ___-Magnon
 - 33. Mock
 - 34. Tie type
 - 36. USC player
 - 38. USAF org. part of 68-across
 - 39. Whitish, milky looking liquid
 - 40. Tropical paradise
 - 43. Actress Lombard
 - 46. Halloween mon.
 - 47. ___ Lanka
 - 49. Home to NHL broadcasts
 - 50. Cut grass
 - 51. Affirmative
 - 52. Slanted
 - 54. Observe
 - 55. USAF org. above 24-down
 - 57. Thoughts
 - 61. Smell
 - 62. Intersection
 - 66. Lesions
 - 67. Otherwise
 - 68. USAF org. above 55-across
 - 69. 20th FW home
 - 70. Benchmark, in short
 - 71. Mekong River denizen

- Down**
- 1. State home to Maxwell AFB
 - 2. USAF org. above 68-across
 - 3. Actress Carrere



- 4. First, Second and Third players
- 5. Navy personnel-men
- 6. Actress Merman
- 7. Fancy vase
- 8. Staff
- 9. Litigate
- 10. Spring mon.
- 12. Rapping doc?
- 14. ___ projection: method of map projecting
- 15. NFL player Frerotte
- 20. Plans
- 21. Caustic
- 22. One of 26-down
- 23. Snakelike fish
- 24. Most basic USAF orgs.
- 26. USAF org. above 2-down
- 27. Federal org. concerned with environment
- 28. X, to Cicero
- 32. Disney World site
- 35. 23rd letter of the Greek alphabet
- 37. Paddle
- 40. Plaything
- 41. Pilot with 5+ kills
- 42. Site of OIF
- 43. Worked for a judge
- 44. USAF paperwork
- 45. Female sheep
- 48. Acclimate
- 49. Most senior
- 53. Celtic tribes
- 55. Draft org.
- 56. Compass dir.
- 57. Space station, in brief
- 58. Homer's saying
- 59. Epoch
- 60. Deployed USAF org.
- 63. Engine need
- 64. Genetic info
- 65. Hubris

Answers on page 19



Champion Regional Medical Center for treatment.

Property loss, damage or theft

- Feb. 17: An Airman reported a government vehicle struck a spigot on the west side of building

868. The top of the spigot was severed, causing a minor water spill. The vehicle was not damaged. Investigation revealed the vehicle operator had failed to utilize a spotter and backed into the spigot while attempting to park.

- Feb. 17: An AAFES employee reported she had detained a dependent for attempting to shoplift four items of makeup at the Base Exchange.

- Feb. 18: An Airman reported an unknown individual had attempted to remove Department of Defense base decals from her two vehicles at the Airman's off-base residence in Alamogordo. The attempted theft occurred between 8 p.m. Feb. 17 and 9:30 a.m. Feb. 18.

- Feb. 19: An Airman reported a government vehicle had struck a hangar door at hangar 37. Investigation revealed the operator had

fallen asleep at the wheel. Damage consisted of a two-foot dent in the driver's side fender.

Patrol response

- Feb. 16: An Airman reported a domestic assault involving another Airman at an undisclosed location.

- Feb. 16: An NCO reported a hitchhiker had been dropped off on U.S. 70 adjacent to the main gate. Security Forces were unable to make contact with the hitchhiker.

- Feb. 16: A civilian reported a gate runner at the West Gate. Security Forces made contact with the vehicle at the Base Exchange. The driver, a civilian, failed a field sobriety test and was transported to building 35 for processing. The driver was later released on his own recognizance.

- Feb. 19: A Security Forces NCO reported he had stopped a vehicle for running a stop light at the intersection of First Street and New Mexico Avenue. The driver, an Airman, failed a field sobriety test and agreed to a breath test, which recorded breath alcohol levels of .15 and .16 percent. The Airman was released to a supervisor.

The 49th Security Forces Squadron handled the following incidents from Feb. 16 to Monday:

Tickets issued

There were 22 tickets issued: 13 for failure to stop, two for expired registration, two for driving under the influence, two for inattentive driving, one for failure to signal, one for having a disabled vehicle and one for criminal trespassing.

Civilian arrests

- Feb. 17: An Airman was arrested by the Alamogordo Department of Public Safety for driving under the influence of alcohol. Breath alcohol level was recorded at .13 percent. DPS released the Airman at his off-base residence but returned after the Airman was reported to be making a suicidal gesture. The Airman was transported to Gerald

CROSSWORD ANSWERS

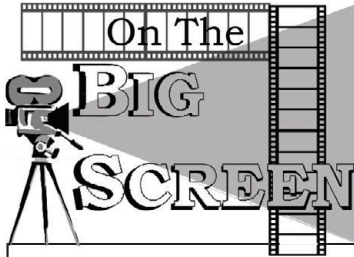
Crossword answers

A	N	T			B	Y	E			U	R	S	A
L	A	I	D		A	E	T	C		G	R	O	U
A	F	A	R		S	O	H	O		U	N	D	E
			E	L	E	M	E	N	T	S			
A	E	F		A	M	E	L	I	A		M	E	T
M	E	L		Y	E	N		C	R	O		A	P
C	L	I	P	O	N					T	R	O	J
			G	S	U					L	A	C	
T	A	H	I	T	I					C	A	R	O
O	C	T		S	R	I		O	L	N		M	O
Y	E	S			A	N	G	L	E	D		S	E
				S	Q	U	A	D	R	O	N		
I	D	E	A	S		R	E	E	K		N	O	D
S	O	R	E	S		E	L	S	E		W	I	N
S	H	A	W			S	T	D			L	A	O

Answers from page 15

Chapel services

Weekday Masses – 11:30 a.m. Monday, Wednesday, Thursday and Friday.
Sunday – Catholic Mass, 9 a.m. and 5 p.m.
• Sacrament of Penance, 4 p.m.
• General Protestant Worship Service, 11 a.m.
• Protestant Sunday School is 9:30 a.m. and Catholic Religious Education is 10:30 a.m. at Holloman Intermediate School.



The Last Holiday (PG-13)
6 p.m. Friday

Hostel (R)
6 p.m. Saturday

Hostel (R)
6 p.m. Sunday

